



328 Bethel Road, Fincastle, Virginia 24090
phone: 540-992-2940; fax: 540-992-6498
camp.bethel@juno.com
www.campbethelvirginia.org



Dear Camper and Parent,

Thank you for signing up for a week of summer camp! We have received your registration and are now confirming your spot in **Junior High Resident Camp 4, Sunday, July 25 at 4:00pm through Friday, July 30 at 6:30pm.**

Please plan to arrive at Camp Bethel at or before **4:00pm, Sunday.** Check-in begins at 4:00pm Sunday in the Deer Field Gym. Please park in the Ark parking lot or in the Deer Field grass lot. Parents should accompany their camper through check-in and meeting their group's counselors. See the enclosed "Sunday Check-in Procedures" for detailed check-in instructions. The camp's Trading Post will be open from 3:00-4:00pm. Dinner will be served to campers on Sunday evening after check-in.

Pick up time is **6:30pm, Friday.** Families who reserve Friday dinner with their campers may arrive at the Ark Dining Hall at 5:20pm. You must reserve your dinner(s) in advance at Sunday's check-in. At Friday's dinner, please consider a donation to offset the cost of your meal(s). Families wishing to join in our singing and closing celebration may come at 6:00pm to the pond-side of the Dining Hall. Please allow your camper to experience our closing celebration with their camp friends; please don't leave early. Campers will be dismissed at 6:30pm Friday to their parents' care, and the Trading Post will be open from 6:30-7:30pm.

Enclosed with this letter are "11 Preparations for Your Time at Camp" including check-in procedures, information about your camp week and forms to complete and return no later than 2 weeks before your scheduled camp, and a list of items to bring with you. Please write your name on every item you bring to camp. Carefully read all the enclosed information.

Please see "Final Payment and Forms Due" page (pink or separate attachment if you are receiving this by email) for the balance of your camp fee. The balance of your camp fee must be PAID IN FULL **no later than 2 weeks before your selected week of attendance.**

Post-mail can be sent to campers (c/o Camp Bethel) at the camp mailing address above, and daily e-mail can be sent with Bunk1 paid-services through our web site, **www.campbethelvirginia.org.** Post-mail should be sent early in the week to ensure contact. In case of extreme emergency, contact Jenny Steinbach, Assistant Director, or Barry LeNoir, Camp Director, at (540) 992-2940.

We have an exciting camp week planned for you! Be ready for an active week packed with your favorite in-camp activities and plenty of new fun and adventure as we live and learn together in this blessed place.


Our summer theme is "Be a Hero." To be a hero for God means to live like Jesus: Recognize a need, realize that something can be done to address that need, and take the risk to act. God's heroes act in ways big and small as they welcome, befriend, and include others, as they give, rejoice, and share the good news. Our week together will help prepare us to use our courage and faith to "Be a Hero" for God.

If you have questions about any aspect of your week at camp, call Jenny or Barry at (540) 992-2940 or e-mail at **campbetheloffice@gmail.com.** If you have any questions about fees, forms or your registration, call our Registrar at (540) 992-2940 or e-mail at **campbetheloffice@yahoo.com.**

We look forward to seeing you at camp!

Peace, in Christ our hope,

The Camp Bethel Staff

This packet is printed
on recycled paper.
Romans 1:20 

11 PREPARATIONS FOR YOUR TIME AT CAMP:

1. What to pack: Gear list.
2. Camp rules and policies.
3. Preparing for camp living.
4. Preventing homesickness.
5. Driving directions to camp.
6. Trading Post & Camp DVDs.
7. Summer Offering.
8. Sunday check-in procedures.
9. Friday pick-up procedures.
10. Communicating with your camper during the camp week.
11. Medication Instructions form.

#1: What to pack: Resident Camper's Gear List:

Please put your name on ALL items! Pack lightly enough that you can easily carry all gear by yourself. Remember, you will be sleeping in your cabin all week, and your space is limited. Keep it simple and minimal. If you are coming with a friend, plan to SHARE gear and supplies (toothpaste, shampoo, sunscreen, etc.); anything to reduce your gear load!

- Light-weight, small, carry-able sleeping bag **or** blanket/sheet for cabin bunk & camp-out.
- Small pillow for cabin bunk or camp-out use.
- Bath towel(s), washcloth & beach/pool towel.
- Hygiene items: toothbrush/paste; soap; etc.
- Clothing (for 6 days): 1 pair of long pants; long sleeved shirt; shorts; tee shirts; swim suit(s); underwear; socks & extras; light jacket; sleepwear; (*Remember, hot days & cool nights.*)
- Everyday dry shoes (closed-toe active shoes for running, hiking, games).
- Pair of strap-on sandals, water shoes or old shoes to get wet (for creek play, rain hikes or pool; NO flip-flops).
- Large plastic bag for dirty clothes & wet shoes.
- Daypack/fanny pack for carrying water bottle & sack lunch on a hike or gear for camp out.
- Rain jacket/poncho with hood; no stopping for rain!
- Hat (with brim to block sun) or bandana.
- Small flashlight & extra batteries.
- Sunscreen (waterproof and at least 30 SPF).
- Small or old Bible, small notepad, pen or pencil; (*Need a Bible? Tell your counselor; we have extras.*)
- Water bottle: quart-sized, non-glass, screw-top (*Available in our Trading Post.*)
- Signed forms/waivers, if applicable.
- Summer offering money to be placed in the Offering Box at check-in (checks to "Camp Bethel Summer Offering").

Optional to bring: watch swim mask sleeping pad extra fan for cabin bug repellent camera (inexpensive)

Camp Bethel provides all necessary program, camping, first aid & safety gear, and all cabins have fans.

Please consider donating new and gently-used supplies. We're always in need of items listed above and:

- mountain bikes
- bike helmets
- canoes & paddles
- kayaks & paddles
- lifejackets
- tents/tarps
- music instruments
- backpacks
- S'mores supplies
- new 1st aid kits & supplies
- tools
- box/window fans

Things NOT to bring:

- loose money, jewelry, valuables of any kind
- food, drinks, candy, snacks, gum
- cell phone, i-pod, mp3-player, radio, TV, CDs/DVDs, video games, pets, toys, any electronics
- alcohol, tobacco, drugs, weapons, knife, fireworks, matches, lighter
- cologne, perfume, scented products, hairspray
- flip-flops, skateboard, hair dryer, curling iron

#2: Camp rules and policies:

Camp Bethel programs are open to everyone regardless of race, color, national origin, sex or disability.

Camp Rules to teach your camper:

1. Wear shoes always (except bed, shower, pool).
2. Do not throw or kick anything.
3. Walk on paths, pavement or gravel.
4. No rough play.
5. Stay with your family unit.
6. Obey your counselors.

Behavior Policy:

All campers, staff and guests at Camp Bethel are expected to behave in a manner conducive to Christian programming and appropriate to child and youth development. Behavior deemed dangerous, inappropriate, intolerable or unmanageable by the Camp Directors is grounds for dismissal from camp, (ex: fighting; possession of illegal or harmful item; constant misbehavior; unsafe behavior; etc). Parents will be called as needed.

Camper Medications:

If you will be sending any medication for your camper to take during her/his time at camp, YOU MUST RECORD precise instructions on the enclosed "**Camp Bethel Medication Instructions**" form. All camper medications must be checked in to our Medical Director upon your arrival at check-in. All medications are stored and dispensed by the Camp Medical Director unless special arrangements are made through the Medical Director and Camp Director. We suggest that you only send a one-week supply. Send medications in the original, labeled container with camper name, medication name & strength, and dosage instructions.

Cancellations, Late Arrivals, Early Departure:

Please notify the camp office (540) 992-2940 or campbetheloffice@gmail.com in advance if your camper will not attend this session. The \$50.00 registration fee is non-refundable. Campers are expected to attend this camp in its entirety. Late arrival and early departure is discouraged, but allowed in case of illness, family emergency or conditions beyond control. No refunds for no-shows, early departure or cancellation on the first day of camp, because staff, food and supplies have already been purchased.

#3: Preparing for camp living away from home:

Each counselor is trained to help guide your group safely and successfully through each camp day. Also, good parent preparation can give campers the knowledge they need to fully succeed during their camp week.

Physical expectations of living at the Adventure Village:

1. No bathtubs here, only individual showers. Ahhh! All the convenience of home, only less convenient! ☹
2. We have several bathrooms around main camp. Remember, you can ask your counselor to use the bathroom ANY TIME. Hikes on camp property often venture away from bathrooms, so remember to "go" before you go; counselors will also remind you.
3. Living in a cabin with 11 other persons might challenge our need for individual privacy. Think of ways you can prepare and adapt to a week of rooming with others.
4. We walk everywhere, and we're on-the-go most of each day. Comfortable (dry) shoes & socks are very important. Take good care of your feet, and prepare for a highly active week.
5. On hot summer days it's important to drink lots of water and apply sunscreen. Pack your water bottle: quart-sized, non-glass, screw-top (available in our Trading Post), and remember to hydrate often and apply sunscreen 20 minutes before outdoor activity.

Social/Behavioral/Spiritual expectations:

1. Group living: We'll experience all our daily activities **together** as a family unit, including completion of our daily group duty and eating meals together.
2. Make new friends: Even if coming with a cabin-mate, you are expected to be friendly, courteous and helpful to others in the group. Family units are co-ed, unless we need to create an all-male OR an all-female group because one sex of campers registers more than the other. You should expect to share your group with youth of different backgrounds, gifts and abilities. We believe Jesus' message of life, hope, love and unconditional acceptance, and at camp, "Love your neighbor" is part of daily living.
3. Learning and following the Camp Rules (on page 2) is essential to a safe and fun week. Most of each day is active and boisterous. Also there are times and events during the day when we're expected to listen and participate calmly & quietly, (Bible study/worship, meals/announcements, bed/quiet hours).
4. Try new things: Camp is a great place to taste different foods, sing different songs, try and practice new skills, play new games, and grow in our relationships with God, with each other, and with Creation.

A sample Resident Camper day:

7:30am	Morning Watch at the Spring	12:15pm	Unit 2 sets tables & hosts meal	6:00	Dinner/songs/announcements
7:45	Unit 1 sets tables & hosts meal	12:30	Lunch/songs/announcements	7:00	Unit activities: Games, etc.
8:00	Breakfast in the Ark	1:30-6:00	Unit activities: swimming, hiking, games, day-trip, High-ropes, crafts, showers!	8:00	All-camp special activity
8:30	Singing at Hillside			9:00	Campfire vespers: worship/songs
9:00	Cabin clean-up & daily duties			10:00	Lights out for Elementary camps
9:30-12:30	Unit activities, Bible Study, etc	5:45	Unit 3 sets tables & hosts meal	11:00	Lights out for Junior High camps

#4: Preventing homesickness:

Good parent preparation is essential to give campers the confidence needed to fully enjoy a camp experience:

1. Set realistic camp expectations based on our information and the activities listed in the brochure. Reinforce positive camp aspects; encourage new learning.
2. In the months before camp, practice overnight sleep-overs with friends and relatives.
3. With your child, attend our camp open house on May 23 (1:00pm-4:00pm), or call us to arrange a self-guided pre-tour.
4. Don't force a child to camp who has no desire to go. Only send a willing child to multiple camps.
5. Don't tell campers how much you will miss them.
6. Don't tell campers they can call home; if a camper is sad, the Director WILL call home.

Camp Bethel will never force a camper to stay at camp who does not want to stay.

Our counselors are thoroughly trained in methods to prevent homesickness, and the nature of our program keeps campers active and engaged in camp activities and interpersonal relationships. If, however, your child becomes homesick:

1. All staff will do everything possible to address the cause and to encourage the camper.
2. If symptoms persist, the Director will call home to discuss options before you speak with your child.
3. If all determine the best option is to pick up your child, we will have the camper ready. There are no refunds for campers who leave early, because staff, food and gear are already secured.

#5: Driving directions to Camp Bethel:

1. **I-81** to Exit 156: At end of exit ramp turn towards Brughs Mill Store onto Route 640, Brughs Mill Road, and go 0.2 mile to stop sign at Route 11. Green "Camp Bethel" signs point you in from here.
2. Turn left (North) onto Route 11; go approximately 2 miles.
3. Mill Creek Church on left; just across from the church turn right onto Route 606, Blue Ridge Turnpike.
4. Go 1.6 miles on Blue Ridge Turnpike to stop sign at T-intersection.
5. Turn right onto Nace Road (640) and go less than 1/10th mile to left onto bridge at Bethel Road (606).
6. Drive under rail-road trestle. Entrance to Camp Bethel is 0.3 mile straight ahead along Bethel Road on the right. Follow signs and park in Ark lot or Deer Field lot.

#6: Trading Post open Sunday 3-4:00pm & Friday 6:30-7:30pm:

Parents can shop with campers from 3:00-4:00pm on Sunday prior to check-in and 6:30-7:30pm on Friday after dismissal. Camp Bethel t-shirts cost \$8, \$10, \$12, \$17; hats \$10; bottles \$15; hooded sweatshirts \$25; lanyards & carabiners \$2, and other items range from 25¢ to \$35. Trading Post earnings directly support the programs and ministries of Camp Bethel.

This summer our photographer/videographer will be documenting the fun and magic of each camp week with our cameras, and will gather all other staff cameras to compile **all the images and video** from your week into an excellent keepsake. **Photo CD-ROMs** have over 300 photos of your camper's week and cost only \$15 per CD. Use the CD in your home computer to view, print and share your favorites. **Video+Photo DVDs** have all the week's CD photos PLUS up to 2 hours of video from your camper's week and cost only \$25 per DVD. Use these DVD-Rs in home DVD players or your DVD-ROM.



These CDs and DVDs are an important fundraiser for Camp Bethel, and they provide you with an extraordinary record by which to remember your time at camp. Proceeds from sales of CDs & DVDs help offset food, energy and staffing costs for the summer program, so you are encouraged to support your camp in this way. CDs & DVDs will be mailed to you within 2 weeks of your camp week. Order at camp's Trading Post before check-in or after pick-up, OR after camp by sending us a check for \$15/CD or \$25/DVD.

#7: Summer Offering 2010: "Be a Hero: See a Need, Fill a Need"

During your camp week, we will learn the stories of biblical and contemporary persons who addressed a need by taking the risk to act upon it. Our 2010 summer offering will (1) directly help families in Haiti, and (2) will help continue the work and legacy of a true Brethren hero.

Haiti: 75% of our offering is for the Church of the Brethren Emergency Disaster Fund to support lifesaving emergency relief efforts in Haiti. \$15 provides two weeks of hot lunches for a child. \$50 provides a water filtration system shared by 4 families. \$120 provides a month's salary for a teacher helping feed children. \$195 provides one Household Kit to enable families to prepare their own food.

John Kline Homestead Preservation: 25% of our offering is for the John Kline Homestead fund. You have probably seen the stone "John Kline Memorial" near Camp Bethel's spring pond. A farmer and preacher, John Kline (1797-1864) was a true Brethren hero who devoted his life to ministry, service, non-violence, and ending slavery. He built his home in 1822, and it remains in excellent condition in Broadway, VA, but it is threatened by development. This fund will help the Church of the Brethren purchase the home and establish it as an educational Heritage site to inspire and equip current and future generations to imitate Kline's life of "seeing a need, filling a need."

Place all offering donations into the OFFERING BOX at Sunday's check-in in the Gym, (checks payable to "Camp Bethel Summer Offering"). More information at www.campbethelvirginia.org/offering.



#8: Sunday Check-In Procedures:

1. Check-in begins promptly at **4:00pm Sunday** at the Deer Field Gym. Registration does not begin until 4:00, and cabin entry is not allowed without your counselors. The Camp Trading Post will be open from 3:00-4:00pm on Sunday. Park in the paved Ark parking lot or in the grass Deer Field lot beside the Deer Field Gym. Follow directional signs; 5mph; drive carefully; watch for pedestrians.
2. Girls: Carry your gear inside the Gym and place your gear on the girls' luggage wagon behind the red tractor.
3. Boys: Carry your gear inside the Gym and place your gear in the boys' luggage corner of the Gym.
4. Please tag or label all luggage/gear with your name. We will have markers & tags available in the Gym. PLEASE pack lightly enough so that the camper can easily carry all gear by herself/himself.
5. Proceed to the check-in tables in the Deer Field Gym (there may be a line). Check in with the registrar, and turn in offering donations to the OFFERING BOX near the registration table.
6. At the check-in table you will receive your Family Unit number, your counselors' names, and where to meet your counselors and your group. You will receive a CAMPER PICK-UP CARD for use at Friday's pick-up. Keep this card and bring it with you Friday evening, OR pass it on to the person you have designated to bring your campers home. Also, you may reserve your place(s) in Friday's dinner for our closing celebration. Consider a donation to offset the cost of your Friday meal(s).
7. Give any medication (with Medication Instructions form) and any updates to your Health History Form to our Medical Director.
8. Parents and Campers will then walk to meet your Family Unit in the Deer Field. **Parents: Take time to meet the counselors and other campers** in the Family Unit, and then say your good-byes as your campers begin a great week at camp with their counselors.
9. Parents: Drive slowly as you leave, watch for pedestrians, and follow One-Way Loop signs to the exit road.
10. Once the entire Family Unit has arrived and after a few "get-to-know-you" games, the boys will carry their gear from the Gym to their cabin beside the Gym. The girls will walk across camp to find the luggage wagon outside their cabin area.
11. These procedures were established to ensure camper safety and supervision, to reduce vehicle traffic through camp, and to ensure the security of staff and campers' belongings. Thanks for understanding!

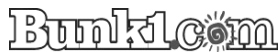
#9: Friday Camper Pick-Up Procedures:

1. Pick-up is **Friday at 6:30pm**. Bring your CAMPER PICK-UP CARD. Meet campers and staff at the Ark.
2. Park in either the Ark parking lot or in the grass Deer Field lot beside the Deer Field Gym. Follow directional signs. Camp speed limit is 5 mph; drive cautiously and carefully.
3. Families who reserved Friday dinner at the Ark with their campers may come at 5:20pm. You must reserve your dinner(s) in advance at Sunday's check-in. Please consider a donation to offset your meal cost.
4. To join in our singing and closing celebration (from 6:00-6:30pm) arrive at 6:00pm to the Dining Hall.
5. **Campers are dismissed at 6:30pm** to their parents' care. **Please allow your camper to experience our closing celebration with their groups; DO NOT plan to leave before 6:30.**
6. To "claim" your child, present your CAMPER PICK-UP CARD to your child's counselor at 6:30pm. Campers whose parents are not present after 6:30 will be with counselors in the Gym until parents arrive.
7. If your camper has medication, pick up meds or containers IMMEDIATELY after 6:30pm dismissal from the Medical Director.
8. After 6:30pm dismissal, campers and parents will find their luggage in the Gym along the walls grouped in order of Unit number. The Trading Post will be open from 6:30-7:15pm. Families may enjoy Camp Bethel until sundown.
9. Parents: Drive slowly as you leave, 5 mph; watch for pedestrians; follow One-Way Loop signs to exit.
10. These procedures were established to ensure camper safety and supervision, to reduce vehicle traffic through camp, and to ensure the security of staff and campers' belongings. Thanks for understanding!

#10: Communicating with your camper during the camp week:

Since cell phones are NOT allowed by campers at camp, here are our suggestions of how to keep in touch:

1. Provide your camper with a pack of home-addressed, stamped postcards (or envelopes and a notepad).
2. Write and send your camper hand-written letters or postcards. Mail these early (1 or 2 days before their camp week begins) so they reach your camper while she/he is here.
3. Send your camper daily one-way e-mail through Bunk1's paid e-mail service described below.



Write your camper every day with One-Way E-mail!

Bunk1's secure, easy to use, paid e-mail services let you write to your camper every day of their camp week! **If you had an account last year, you can continue to use your old username and password, but use our new registration code below.** Sign in at the link below. The first time you visit the site you will be prompted to update your contact information and re-activate your account. Note the new Registration Code in #4 below.

TO GET STARTED TODAY: To set up a new account:

1. Go to our website at **www.campbethelvirginia.org**
2. Click the flashing "Camper Email" button in the left column.
(If you can't find the button, go to www.campbethel.bunk1.com instead and continue on to the next step)
3. Click the "Register Now" button.
4. Enter your Pre-Approved Registration Code: **8473BE1** For your camper's safety, please do not share this code.
5. Fill out all the required information.
6. Purchase Bunk Note credits (you will need a **credit card**; \$1 per Bunk Note credit).
7. Send an email to your camper! Send it before 8:30am for same-day delivery.

NOTICE: Unless you really want magazine subscriptions, do not use "free" or "sponsored" sign-ups.

FREQUENTLY ASKED QUESTIONS ABOUT BUNK NOTES:

How do I send a Bunk Note (one-way email) to my camper?

Follow the instructions above except, after registering, simply sign in and click on the Bunk Notes button. Enter your camper's name, select the correct cabin, type your message, and hit the "Send" button. (You will learn the name of your camper's cabin at Sunday check-in at Camp Bethel.)

Why do I have to pay to send Bunk Notes (one-way email)?

Each morning, the Bunk Notes system bundles and sorts the messages for us to print out and distribute to campers. It also protects us from computer viruses and allows us to easily manage these e-mails. Your payment helps us cover the cost of the system, paper, ink, and labor and, more importantly, frees us to do what we do best – be with your kids! Bunk Note credits cost \$1 each and are purchased in packs of various sizes. Send your Bunk Notes by 8:30am. Notes are printed and delivered to campers at lunch.

Can other relatives use these services?

Yes. Once you have set up your account, you may invite friends and family to send notes to your camper.

What do I do if I lost my username and password?

You can get it online by going to www.Bunk1.com and clicking on the link "Lost Your Password?" (to the left of the page below the sign in button). You'll get an e-mail with your username and password within minutes.

Who do I call if I have questions or problems?

Please call Bunk1 at 1-800-216-9472 or go to www.bunk1.com/contact.asp

#11: Medication Instructions form:

If you will be sending any medication for your camper during her/his camp time, YOU MUST RECORD precise instructions on the enclosed "Camp Bethel Medication Instructions" form and include the form with the medication (tip: place all medications and form in a zip-lock bag).

See next pages for other required forms & waivers to complete & return!



High Ropes Course Participant Informed Consent, Summer Camper Waiver and Release 4.13.09

**COMPLETE THIS FORM, SIGN AND RETURN IT TO:
CAMP BETHEL REGISTRAR, 328 BETHEL ROAD, FINCASTLE, VA 24090**

Name of Camper: (print) _____ D.O.B.: ____/____/____
Last, First MM DD YR

Camp program & dates attending: _____
Example: Jr High Resident 4, July 26-31

Parent/Guardian Informed Consent:

To be completed by parent/guardian of participants under 18 years of age:

A group high ropes challenge course experience is included as part of all Junior High and Senior High summer camp programs. Read through this form with your child.

In consideration of Camp Bethel furnishing services, equipment and leadership to enable my child to participate in the high ropes challenge course, I agree as follows:

- I understand that my child will participate of their own free will ("challenge by choice") and that my child will at no time be forced to participate in any High Ropes Challenge Course activity, and
- I understand that participation in the High Ropes Challenge Course is designed for persons aged 11 and older, and
- I permit photos and video of activities that may include my child to be used in camp promotion without liability or remuneration, and
- I understand that climbing at any height may have inherent risks and that participation may involve accidents that could result in injury or death, and such hazards exist in use of climbing equipment, and
- I understand that the Camp Bethel Ropes Course staff is fully trained and experienced in facilitation of High Ropes Challenge Course activities, that Camp Bethel adheres to the latest and highest standards of High Ropes Course construction, facilitation, equipment and procedures as defined by Camp Bethel's membership in the Association for Challenge Course Technology and the American Camp Association, that Camp Bethel uses only approved equipment that is scrutinized for safety, and
- I hereby assume all risks and dangers and all responsibility for any losses and/or damages, and
- I understand that Camp Bethel only provides limited secondary medical insurance coverage for my child and that I am responsible for my child's primary medical insurance coverage, and
- I indemnify and hold harmless Camp Bethel, the Virginia District Board-Church of the Brethren, Inc. and its staff from any and all liability, claims, damage, injury or illness sustained by my child, and
- I have read this waiver and release and by signing it agree.

Camper name (last, first): _____ Today's date: _____

Parent/guardian signature: _____

Parent/guardian printed name: _____

Street/physical home address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____ E-mail: _____

Completed form must be returned to Camp Bethel prior to participation. Return via post mail to:
Camp Bethel Registrar, 328 Bethel Road, Fincastle, Virginia 24090; or fax to (540) 992-6498,
or give to the Registrar at check-in on the first day of camp.

See next page for the Medication Instructions Form.

Complete the Medication form, if applicable.

CAMP BETHEL: MEDICATION INSTRUCTIONS

(complete ONLY if your camper takes medication.)

If you will be sending any medication for your camper to take during her/his time at camp, YOU MUST RECORD precise instructions here AND return this form to Camp Bethel. All camper medications must be checked in to our Medical Director upon your arrival at check-in. All medications are stored and dispensed by the Camp Medical Director unless special arrangements are made through the Medical Director and Camp Director. We suggest that you only send a one-week supply. Send medications in the original, labeled container with camper name, medication name & strength, and dosage instructions.

Medical Director's Notes:

Camper's Name _____
Last First

Housing/Unit _____
(will be filled in by Med Dir)

Counselor's Name _____
(will be filled in by Med Dir)

Schedule of Dosages

Please try to coordinate medication times with meal times and bed time, since it is difficult to keep up with odd schedules. Please make a large circle at each medication time (see example). The Medical Director will initial these circles each time the dosage has been dispensed. If medication must be dispensed at a different time, please note.

B = Breakfast, 8:00 a.m. **L = Lunch, 12:30 p.m.** **D = Dinner, 6:00 p.m.** **N = Bedtime, 9:30 p.m.**

Medication Name	Dosage	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		D N	B L D N	B L D N	B L D N	B L D N	B L D N
EXAMPLE: Children's Tylenol		○	○	○	○	○	○
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Medication As Needed Instructions

Please identify medications you are sending in case they are needed and a description of the condition for which you feel they should be administered.

Medication Name	Dosage	Specific Conditions and Directions
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

See next page for Free T-Shirt offer.

**FREE
CAMP TEE - OR
\$100 CREDIT!**



**Recruit NEW* Camp Bethel campers and you each receive
FREE new Camp Bethel T-Shirts!**

Choose from available short-sleeved designs, sizes & colors! Details below.

THANK YOU for signing up for summer camp at Camp Bethel! You know the extraordinary, positive value of a Christian camp experience. We hope even more children and youth can experience camp. Please help us spread the word about our excellent programs to other families. Follow the five steps below:

1. Recruit a friend, classmate or relative to attend a camp program at Camp Bethel. Refer them to our brochure or our web site (www.campbethelvirginia.org) for information and a registration form. This camper does not have to attend the same camp week as you.
2. Have your parent complete your portion of the form below (#1), detach, and give it to your recruit. Have their parent complete their portion (#2), and have them send it to Camp Bethel along with their Camp Registration.
3. Once received, we'll add your name and your recruit's name to our Free Tee-Shirt List in the Trading Post at Camp Bethel. When the Trading Post is open, you get to choose a free tee from available short-sleeved designs/sizes/colors.
4. No limit! Print multiple copies of this form, and recruit as many new campers as you can. For each new* camper, you AND the new camper receive a free t-shirt. Tee-shirt offer counts for any summer camp program, June 4-August 6.
5. **Earn \$100 credit toward your camp fee** for each group of 5 new* campers you recruit! Print multiple copies of this form. Each \$100 credit for each group of 5 new campers is only applicable toward your camp fee(s). We track your recruits through these submitted "Recruit" forms; start today! See *notes* below for details and restrictions.

**Notes: A "new camper" is someone who has never attended summer camp at Camp Bethel OR someone who has not attended summer camp at Camp Bethel in the past 5 years. New camper must fully register for their camp choice. Tee-shirt offer counts for any new camper (including scholarship and Good-As-Gold recipients) enrolled in any summer camp program. The \$100 credit offer counts only if new campers meet these two qualifications: (1) New camper is fully enrolled in week-long resident camps, 3-day resident camps, or week-long day camps; and (2) new camper is NOT receiving scholarship funding from Camp Bethel or Good-As-Gold funding from a Virginia congregation. Since on-line registration requires full payment, the \$100 credit offer, when applicable, will be reimbursed to on-line registrants after August 7.*

Return this completed form to Camp Bethel along with new camper's registration form. Revised 02.23.10

1. To be filled out by the recruiting camper's parent:

Name of camper who recruited the new camper below: _____
Last name, First name

Mailing address of camper who recruited the new camper below:

Number, Street or PO Box

City State Zip

2. To be filled out by the new camper's parent:

Name of new camper recruited by the person above: _____
Last name, First name

Mailing address of new camper:

Number, Street or PO Box

City State Zip

Return this completed form to Camp Bethel along with new camper's registration form. Print more copies at www.campbethelvirginia.org/summer.htm.