



328 Bethel Road, Fincastle, Virginia 24090

phone: 540-992-2940

CampBethelOffice@gmail.com

www.CampBethelVirginia.org



## Canoeing Information and Required Waiver

You should have already received (or downloaded) your Confirmation Packet for your chosen camp program. These two pages are IN ADDITION to your Confirmation Packet and includes "Additional Items to Pack & Bring," safety information, and your Canoeing Waiver (Twin River Outfitters). Carefully read all the enclosed information. **This waiver must be returned to Camp Bethel at least 7 days before your first day of camp:**

### Additional Items to Pack for Canoeing, plus Safety for our Adventure day-trip:

Canoeing: For canoeing, Twin River Outfitters provides canoes, paddles, PFDs. Camp Bethel provides lunches for all outings.

- *Swim trunks or shorts for swimming to wear in the canoe.*
- *Sunscreen: we lather up when we arrive at each outfitter*
- *Dry clothes & shoes to remain in vehicle & to change into in case of rain*
- *Rain jacket with hood*
- *If you wear glasses, you will need a strap to keep them on*
- *2 water bottles*
- *Twin River (canoe) participant waiver, mailed back or given to Camp Bethel registrar at check-in.*
- *Water shoes or strap-on sandals for canoe*
- *Backpack/day pack or book bag.*
- *1-2 large plastic trash bags.*
- *\*Waterproof camera with flash & strap optional.*

### Safety for our Adventure day-trips:

All vehicles used for transporting campers are equipped with a first aid kit and emergency accessories. All vehicles have seatbelts for each passenger, and we check vehicle safety conditions prior to transport. Counselors will carry health forms for all passengers and a cell phone for emergency communication. Campers get full safety orientation prior to our day-trip.

Passengers (campers) are instructed in the following safety procedures prior to transporting:

1. Passengers will remain seated at all times with hands and arms inside vehicle.
2. Seatbelts will be fastened – one person per seatbelt.
3. Noise level will be such as to not distract the driver. There will be no disruptive behavior.
4. Passengers will enter and leave the vehicle under the direction of a staff member and/or driver. If the vehicle makes an emergency stop, passengers will follow directions of staff member and/or driver and use buddy system if leaving the vehicle.

The Directors of Camp Bethel have selected our Adventure outfitters (those providing equipment, leadership and expertise) and off-site projects based upon their qualifications and their adherence to safety standards as outlined by the American Camp Association.