



328 Bethel Road, Fincastle, Virginia 24090

phone: 540-992-2940

CampBethelOffice@gmail.com

www.CampBethelVirginia.org



## 2022 Parent-Child Overnight & Day Camp Confirmation Packet

Dear Camper and Parent,

Thank you for registering for Parent-Child Camp at Camp Bethel! Your spots are confirmed, and we are excited to see you!

We are excited for the SAFE and FUN return to camp using common-sense health and safety measures. *There were ZERO reported cases of COVID-19 during Summer Camp at Camp Bethel in 2021.* Simply put, the precautions we put in place worked, and we expect our adaptations and protocols to work again in 2022.

If you are attending only the **Saturday DAY-ONLY** portion of this program, check in at the Ark Dining Hall at 9:00am on Saturday. You can leave your day-bag in your car, parked in the Ark Parking Lot or nearby overflow parking. Be dressed for active outdoor play through the morning. Pool time is later in the afternoon, and there's changing rooms beside the pool. Day-only participants do NOT need to submit COVID information (vaccine, screening, testing), but do not come to camp if you are sick.

For **overnight participants**, arrive no earlier than 4:45pm and no later than 5:00pm Friday for drive-through check-in and health-screening at the grass Deer Field beside the Gym. See the detailed "Check-in Procedures" on page 5 for instructions. After the drive-through check-in, you will drive your camper and your luggage to your cabin or lodge to move in. Once you are moved in, walk with your camper to meet your counselors at the lawn beside the Ark Dining Hall. Dinner will be served at 5:45pm at the Ark Dining Hall.

For **overnight participants**, if you and your camper are up-to-date on COVID vaccines, we ask you to submit an image/proof of your and their COVID vaccine card. If you or your camper are NOT vaccinated or up-to-date, we ask you to either submit an image/proof of a negative test taken within 3 days of camp arrival OR to complete the enclosed 7-Day Screening Forms (pages 6-7). See "*Healthy and Ready for Camp*" on page 3 of this packet for details.

Following a closing celebration at 2:30pm on Saturday, the pool will be open until 4:00pm for all campers and parents. The Trading Post will be open on Saturday from 2:30-3:15pm. We ask unvaccinated persons to wear a facemask inside the Trading Post.

This packet includes important "**Preparations for Your Time at Camp**" with your packing list, "the 7 Camp Rules," information about your time at camp, behavioral expectations, health and safety preparations, forms, and detailed check-in procedures. *Write your name on or label every item you bring to camp.* Please consider donating toward our Wish List (page 2) and our Summer Offering Project (page 4). Carefully read all the enclosed information. If you owe any fee for your camp, please bring payment (or Good-as-Gold certificates or Campership approval) to check-in.

Since you will be responsible for your child's care during your time at camp, we do not require any Health Forms or Medication Forms for you or your camper. Parents can use your phones during camp for photos, alarm clock, and emergency communications, but please be fully present with your child and the counselors. Please don't take/make unnecessary calls. Make the most of your time together!

*We are very excited to resume summer camps, and we have an active, on-the-go weekend planned.* Subscribe to our eNews at **CampBethelVirginia.org/subscribe** for announcements and "*all things Camp Bethel.*" Please encourage your friends and classmates to register for summer camp at Camp Bethel in Fincastle, VA! If you have questions, contact us at 540-992-2940 or CampBethelOffice@gmail.com.

We look forward to seeing you at camp!

Together, in Christ our hope,

*Barry, Daniel, Kathleen, Mickey, and the Summer Staff of Camp Bethel*

# PREPARATIONS FOR YOUR TIME AT CAMP:

1. What to pack: Gear list.
2. Hygiene rules to teach your camper.
3. Camp rules and policies.
4. Preparing for camp living.
5. Preventing homesickness.
6. Trading Post open Saturday.
7. Summer Offering 2022.
8. Driving directions to camp.
9. Friday check-in procedures.
10. 7-Day Pre-screening Form, if needed.

## #1: What to pack: Mini Camper's Gear List:

**Write your name on ALL items and bags!** Pack lightly so you can easily carry all gear by yourself. You will be sleeping in a bunk bed, and your gear space is limited. Cabins have window-unit air-conditioners if needed. Keep your packing simple and minimal. SHARE supplies with a camp friend (shampoo, sunscreen, etc.); anything to reduce your gear load!

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Empty daypack or backpack for you to carry water bottles, hand-sanitizer &amp; disinfectant wipes, and for carrying gear around campus, to the bathhouse, or on a hike.</li> <li><input type="checkbox"/> Light-weight, small, carry-able sleeping bag <b>or</b> blanket/sheet for cabin bunk.</li> <li><input type="checkbox"/> Pillow for cabin bunk.</li> <li><input type="checkbox"/> Bath towel &amp; washcloth and a pool/beach towel.</li> <li><input type="checkbox"/> Swim suit or swim clothes appropriate for active play in the pool, for creek play, and active water games.</li> <li><input type="checkbox"/> Bathroom supplies: toothbrush/paste; shower soap; etc.</li> <li><input type="checkbox"/> Clothing, light jacket; and sleepwear; <i>Hot days, cool nights.</i></li> <li><input type="checkbox"/> Everyday <b>dry</b> shoes (closed-toe active shoes for running, hiking, games, climbing wall).</li> <li><input type="checkbox"/> Strap-on sandals (w/ heel-strap) or water shoes to get wet for creek play, rain hikes, pool; <b>NO flip-flops or Crocs.</b></li> <li><input type="checkbox"/> Large plastic bag for dirty clothes &amp; wet shoes.</li> <li><input type="checkbox"/> Rain jacket or poncho with hood; no stopping for rain!</li> <li><input type="checkbox"/> Water bottle: quart-sized, non-glass, screw-top.</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Hat with brim to block sun, or a bandana.</li> <li><input type="checkbox"/> 1 box of standard Band-Aids to give your counselor.</li> <li><input type="checkbox"/> Just in case we need one, 1-or-2 cloth face masks, or 3-4 disposable face masks.</li> <li><input type="checkbox"/> 1 bottle of hand-sanitizer for your backpack.</li> <li><input type="checkbox"/> 1 soft pack of disinfectant wipes for your backpack.</li> <li><input type="checkbox"/> Small flashlight or headlamp &amp; extra batteries.</li> <li><input type="checkbox"/> Sunscreen (waterproof and at least 30 SPF).</li> <li><input type="checkbox"/> Summer offering to be turned in at check-in (checks to "Camp Bethel Summer Offering"), or select "Staff Adoption Fund" at <a href="https://CampBethelVirginia.org/donate">CampBethelVirginia.org/donate</a></li> </ul> |
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### Optional to bring:

- Watch  Shower caddy/bag
- Camera/GoPro  Bug repellent
- Notepad or journal with pen or pencil.
- Swim mask and/or swimming ear plugs

*Camp Bethel provides all necessary program, camping, first aid & safety gear, and cabins/rooms have A.C. units and box-fan MERV-13 air-filters.*

**Please consider donating** new and gently-used supplies. We ALWAYS need items listed in the Gear List above and items on our Wish List: 20"x20"x2" MERV-13 air filters (to renew our in-cabin box fan air filters); Clorox wipes; face masks; disinfectant spray (like Lysol), mini-van or 15-passenger van (2015 or newer); pickup truck (2010 or newer); clothes dryer; refrigerator (full or mini); digital cameras; gas grill; LED light bulbs; new (in-the-box) first-aid supplies (Band-Aids, etc); working vacuum cleaners or shop-vacs; brooms & dustpans; 3'x8' plyboards for under bunk mattresses (any thickness or quality); "Tree Cookies"; items on our Amazon wish-list at <https://a.co/5qG5JYq> or [CampBethelVirginia.org/donate](https://CampBethelVirginia.org/donate). Tax-deductible!

### Things **NOT** to bring:

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| <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> electronics, video games, toys, pets, skateboard</li> <li><input checked="" type="checkbox"/> vapes, tobacco/nicotine products, alcohol, drugs, cannabis, CBD products, smoking/vaping/drug paraphernalia</li> <li><input checked="" type="checkbox"/> weapons, knife, fireworks, matches, lighter</li> <li><input checked="" type="checkbox"/> clothing with inappropriate language/images or that is too revealing including short-shorts, string bikinis, or speedos</li> </ul> | <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> food, drinks, candy, snacks, gum</li> <li><input checked="" type="checkbox"/> cologne, perfume, scented products, hairspray, because these attract biting insects AND many persons have allergies to scented products</li> <li><input checked="" type="checkbox"/> flip-flops or Crocs</li> </ul> |
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## #2: Hygiene Rules to Teach Your Camper:

1. Tell your counselor if you feel sick.
2. Cough and sneeze into your elbow or your mask or a tissue, and then throw the tissue away and wash your hands.
3. Wash your hands with soap and water after bathrooms, coughing and sneezing, or touching your face. Use hand sanitizer if you cannot wash your hands.
4. Wear a face mask if your counselor asks to you to do so.

## #3: Camp Rules and Policies:

### The 7 Camp Rules to teach your camper:

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| <ol style="list-style-type: none"> <li>1. Be kind and be helpful.</li> <li>2. Stay with your Unit.</li> <li>3. Obey your Counselors.</li> </ol> | <ol style="list-style-type: none"> <li>4. No rough play.</li> <li>5. Wear shoes always (except bed, shower, pool).</li> </ol> | <ol style="list-style-type: none"> <li>6. Do not throw or kick anything.</li> <li>7. Walk on paths, pavement, or gravel.</li> </ol> |
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### Good Behavior Requirement:

By requesting enrollment into Camp Bethel programs, you and your camper agree to our Behavior Policy and understand that good behavior is required. Your camper will be with other children/youth and their counselors all day each day. We stay together with our group during our entire time at camp. For 2022, campers and staff will wear facemasks occasionally each day at appropriate times (when near other Units, which will be rare, and not when eating, sleeping, swimming, etc.). **Bad behavior does not fit and cannot be tolerated.** Behavior deemed dangerous, inappropriate, intolerable, detrimental to the group, or unmanageable by the counselors or directors is grounds for dismissal from camp. Examples include: not following the camp rules; hurting others (verbally, physically, or emotionally);

possession of prohibited or harmful item; constant misbehavior; unsafe behavior; straying from your group; etc. The Director will call parents/guardians as needed. Should it become necessary for your child to return home because of unmanageable behavior, homesickness or other reason, you agree to accept the Director's decision and arrange for transportation.

### Healthy and Ready for Camp: COVID Vaccine, Screening, Testing

We strongly recommend all eligible children and adults to be up-to-date with your vaccine against COVID-19 prior to your camp week.

**"Up-to-date"** means the following:

Ages 5-11 = primary 2 doses of Pfizer-BioNTech. A booster is not recommended for this age group yet.

Ages 12-17 = primary 2 doses of Pfizer-BioNTech, plus 1 booster of Pfizer-BioNTech 5+ months after primary doses.

Ages 18+ = primary 2 Pfizer-BioNTech or 2 Moderna or 1 J&J, plus 1 booster of Pfizer-BioNTech or Moderna 5+ months after primary.

We *do not require* vaccination, but participants who are not up-to-date with their vaccination may be asked wear masks occasionally at appropriate times. Find your free and convenient vaccination at <https://vaccinate.virginia.gov/> or 877-829-4682. **Overnight participants should** upload a scan, copy or image of your and your camper's up-to-date Vaccination Record Card at our upload form at [www.CampBethelVirginia.org/health](http://www.CampBethelVirginia.org/health), or you can email it as an attachment to [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com), or you can bring printed copies to check-in on the first day of camp.

*Overnight participants who are up-to-date (see "Up-to-date" box above) on their COVID vaccine:*

1. Before arriving at Camp, parents must submit an image/proof of child's up-to-date COVID vaccine card.
2. Upon arrival at Camp, we will perform a brief Health Screening and temperature check through the car window. Be sure to keep your car cool (not too hot) prior to check-in, and have child seated beside a car window.
3. With proof of up-to-date vaccine and a clean Health Screening, no other steps are needed for child to be admitted to camp.
4. If Health Screening reveals symptoms of COVID, we will perform a rapid test (15 minutes) with a parent present. If test is negative (no COVID), child will be re-screened, and staff will discuss with parents whether child should attend camp. If test is positive (child has COVID), the child cannot be admitted to camp, and staff will discuss with parents options for attending camp later in the summer once child is healthy.

*Overnight participants who are unvaccinated or not up-to-date (see "Up-to-date" box above) on their COVID vaccine:*

1. Before arriving at Camp, parents complete one of the following: (1) A 7-Day Screening Form, OR (2) submit a copy/image/proof of child's negative COVID test administered within 3 days prior to camp (this can be a home rapid test or a PRC test from a lab/clinic/pharmacy). Turn in your completed 7-Day screening form at check-in on the first day of camp. OR you can upload scans or images of proof of your negative COVID test at our upload form at [CampBethelVirginia.org/health](http://CampBethelVirginia.org/health), or you can email them as an attachment to [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com), or you can bring printed copies to check-in on the first day of camp.
2. Upon arrival at Camp, we will perform a brief Health Screening and temperature check through the car window. Be sure to keep your car cool (not too hot) prior to check-in, and have child seated beside a car window.
3. With a clean Health Screening, no other steps are needed for child to be admitted to camp.
4. If the Health Screening reveals symptoms of COVID, we will perform a rapid test (15 minutes) with a parent present. If test is negative (no COVID), child will be re-screened, and staff will discuss with parents whether child should attend camp. If test is positive (child has COVID), the child cannot be admitted to camp, and staff will give parents options for attending camp later in the summer once child is healthy.
5. If no 7-Day Screening for or copy/image/proof of child's negative COVID test within 3 days, the child will be tested for COVID in addition to the Health Screening upon arrival.
6. Staff who are unvaccinated or not up-to-date on their COVID vaccine will be tested for COVID weekly by staff leaders.

Teach your camper the "Hygiene Rules" on page 2. You should NOT send an injured or sick camper to camp. Also ensure that your camper is free of headlice. If any participant has symptoms of COVID during camp, we will discuss options with the adult participant. Our Health Plan and links to vaccination and testing sites is at [CampBethelVirginia.org/health](http://CampBethelVirginia.org/health).

### Camper Medications:

Since you will be responsible for your child's care during your time at camp, we do not require any Health Forms or Medication Forms for you or your camper. Please be safe and careful with storage and dosage of any medication.

### Cancellations, Late Arrivals, Early Departure: 2022 No-Risk Policy:

If you paid for camp but later decide not to participate, YOU HAVE RISK-FREE OPTIONS:

1. Credit 100% of your payments toward another available 2022 program, or
2. Credit 100% of your 2022 payments to 2023 pre-registration, or
3. Donate part or all to help Camp Bethel adapt how we operate (and help ensure we're here for you in 2023), or
4. 100% refund. **We just need to hear from you at least 24 hours prior to the start of your camp**, and sooner if possible. No refunds for no-shows with no notification at least 24 hours prior to the start of your camp. Please notify the camp office 540-992-2940 or [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com) ASAP if you will not attend this session.

Late arrival and early departure is discouraged, but allowed if needed. However, because staff, food, and supplies are already secured, we cannot provide pro-rated refunds for partial camp attendance after you have arrived unless Camp Bethel cancels the program. Send or bring complete payment of the camp fee (or Campership approval or Good-As-Gold form) if you owe anything.

### Caring for Campers:

We take the safety and care of your children (our campers) very seriously. Allowing us to care for your child is perhaps the greatest act of trust a parent can engage in. That makes Camp Bethel not just a fun place, but also a *sacred one*. We do everything we can to honor your trust, including our voluntary adherence to over 300 standards of health, safety, staffing, and programming. We know we cannot do this without our excellent counselors who, by joining our summer staff community, are trained and committed to providing a safe and fun week of learning and growth. Consider supporting our counselors at [www.CampBethelVirginia.org/adopt](http://www.CampBethelVirginia.org/adopt). During Parent-Child Camp, we need YOUR help caring for ALL campers and our Counselors too!

**Emergency Preparedness and Parent Notification During the Camp Week:**

Using smart phones, our directors and staff receive and communicate instant updates on summer storms or emergencies, and your counselors are trained for safety during storms and emergencies. In case of any emergency in which we request parent action, our leaders will contact you. Otherwise, **NO NEWS IS GOOD NEWS**, and everyone is safe. In case of a family emergency that must be communicated to you during your stay at camp, persons should contact your phone OR 540-992-2940 or e-mail [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com). For after-hours emergency call 540-992-2940 and our answering machine message will prompt you to our on-call staff number.

**Visitation is NOT allowed during camp week:**

DO NOT arrive at camp unexpectedly! Our site is closed to visitors/guests during camper weekdays. While supervising campers, all staff are trained to stop and question anyone they don't recognize on site. If you need to visit camp prior to the official pick-up time (see "Pick-Up Procedures"), you must call ahead AND check in and wait at the camp office when you arrive.

**#4: Preparing for camp living away from home:**

Good parent preparation can give campers the knowledge they need to fully succeed during their camp week.

**Physical expectations of living in a cabin:**

1. No bathtubs here, only individual showers. Before camp, teach your younger camper how to take a shower.
2. We have several bathrooms around main camp. Remember, you can ask your counselor to use the bathroom ANY TIME. Hikes on camp property often venture away from bathrooms, so remember to "go" before you go; counselors will also remind you.
3. Living in a cabin or bunkroom with other persons (same gender) may challenge our need for individual privacy, especially when changing clothes. We discourage nudity or disrobing directly in front of others. All cabins and bunkrooms have access to private changing areas. In a pinch, teach your child the "sleeping bag" clothes-changing method.
4. We walk everywhere, and we're on-the-go most of each day. Comfortable (dry) shoes & socks are very important. Take good care of your feet, and prepare for a highly active program.
5. On hot summer days it's important to drink lots of water and apply sunscreen. Pack your water bottle: quart-sized, non-glass, screw-top, and remember to hydrate often and apply sunscreen 20 minutes before outdoor activity. Cabins have window-unit air-conditioners if needed on the hottest days/nights.

**Social/Behavioral/Spiritual expectations:**

1. You will be with other campers and your counselors all day each day. We stay together with our group during our entire time at camp, so we have little to no "alone time." Bad behavior does not fit and cannot be tolerated. See "Rules" on page 2.
2. Group living: We'll experience all our daily activities **together** as a Unit, including our daily group duty and eating meals together.
3. Make new friends: Even if coming with a cabin-mate, you are expected to be friendly, courteous and helpful to others in the group. Cabins are single-gender, but Units are co-ed unless we need to create an all-male OR an all-female group because one gender of campers registers more than the other. You will share your group with youth of different backgrounds and abilities. We believe Jesus' message of love and unconditional acceptance, and at camp, "Love your neighbor" is part of daily living.
4. You MUST learn and follow the Camp Rules and Hygiene Rules (page 2) to ensure a safe and fun week. Most of each day is active and boisterous. Also there are times and events during the day when we're expected to listen and participate calmly and quietly, (Bible study/worship, meals/announcements, counselor explaining an activity, bed/quiet hours).
5. Try new things: Camp is a great place to taste different foods, sing different songs, try and practice new skills, play new games, and grow in our relationships with God, with each other, and with Creation.

**#5: Preventing homesickness:**

Good parent preparation is essential to give campers the confidence needed to fully enjoy a camp experience:

1. Set realistic expectations for the camp experience based on our information and the activities listed in the program description ([CampBethelVirginia.org/camps](http://CampBethelVirginia.org/camps) and [CampBethelVirginia.org/ParentInfo](http://CampBethelVirginia.org/ParentInfo)). Reinforce positive camp aspects; encourage new learning.
2. In the days before camp, hold one or more "practice" overnight sleep-overs in another room of your home with your child.
3. With your child, come and visit Camp Bethel. Call us to arrange a self-guided pre-tour.
4. Don't force a child to camp who has no desire to go. Only send a willing-and-ready child to back-to-back camps.
5. Don't tell campers how much you will miss them. Instead encourage new friends and new experiences.
6. Don't tell campers they can call home. Instead, encourage your camper to talk to their counselor if they are sad. If a camper is sad or if there is an issue, injury, illness or emergency the Director WILL contact parents.

**Camp Bethel will never force a camper to stay at camp who does not want to stay.**

**#6: Trading Post camp store open Saturday 2:30-3:15pm:**

Parents can shop with campers from 2:30-3:15pm in the Trading Post on Saturday. **Unvaccinated persons should wear a facemask inside the Trading Post.** Camp Bethel t-shirts cost \$10, \$12, \$15; bottles \$15; sweatshirts & blankets \$30-\$40; and other items range from \$2 to \$40. Earnings directly support the programs of Camp Bethel.

**#7: Summer Offering 2022: "Tip" Your Counselors with our Summer Staff Adoption Fund**

We LOVE our Counselors, and we strive to recruit the *best leaders* for Summer Staff ministry service. *It is a tough ask.* They commit eight-to-ten weeks of intense training and 24/7 leadership to care for your campers. We pay them, but not as much as we wish we could and not as much as they need to afford college and textbooks. Some young adults want to serve, *but cannot afford to serve.* Families often ask, "Can we tip our counselors?" YES, by donating toward our Summer Staff Adoption Fund to help these young adults accept the call to serve in Outdoor Ministry!



Donations toward our Summer Staff Adoption Fund are divided equally among all summer staff upon completion of their summer contract, and your gift is paired with congregations, groups, families, and individuals who are “adopting” our staff with additional funding, prayer support, letters of encouragement, care packages, and church visits.

Please donate toward our Summer Staff Adoption Fund online at [CampBethelVirginia.org/adopt](http://CampBethelVirginia.org/adopt) or mail check payable to “Camp Bethel Summer Offering”. 100% of your gift goes directly to this fund.

#### **#8: Driving directions to Camp Bethel:** *Physical address is 328 Bethel Road, Fincastle VA 24090.*

1. **I-81** to Exit 156: At end of exit ramp turn towards Brughs Mill Store onto Route 640, Brughs Mill Road, and go 0.2 mile to stop sign at Route 11. Green “Camp Bethel” signs point you in from here.
2. Turn left (North) onto Route 11; go approximately 2 miles.
3. Mill Creek Baptist Church on left; just across from the church turn right (southeast) onto Route 606, Blue Ridge Turnpike.
4. Go 1.6 miles on Blue Ridge Turnpike to stop sign at T-intersection.
5. Turn right onto Nace Road (Route 640) and go less than 1/10<sup>th</sup> mile to left onto bridge at Bethel Road (606), a gravel road.
6. Drive under railroad trestle. Camp Bethel entrance is 0.3 mile straight ahead along Bethel Road on the right. Follow signs to Check-In.

#### **#9: Friday Check-In Procedures (for overnight participants only)**

1. Friday drive-through check-in is in the grass Deer Field (beside the Gym) and is designed to keep our camp population healthy and free from COVID-19.. It’s important to pack minimally and lightly so you can easily carry gear into the cabin.
2. Before you arrive at camp, write your name on or label every item you bring to camp AND your luggage. PLEASE pack lightly enough so you and your camper can easily carry all gear by herself/himself.
3. Arrive no earlier than 4:45pm and no later than 5:00pm. The drive-through check-in opens at **5:00pm Friday** in the grass Deer Field beside the Gym. No Trading Post Friday, but it WILL be open Saturday from 2:30-3:15.
4. Follow directions into the grass Deer Field and pull up to the shortest check-in line.
5. Through the window of your car, give the following to our staff: (1) Your completed “7-Day Screening Form” (if choosing this option); (2) Any proof (test, vaccine) you did not yet email or upload; (3) Any donation to our Summer Offering Project.
6. We will also perform a brief Health Screening and temperature check through the car window, so make sure you keep your car cool (not too hot) prior to check-in, and that the camper is also seated beside a car window.
7. Our staff will then give you a packet and site map with highlighted directions to your assigned cabin or lodge. Drive your luggage to the cabin or lodge, move in, and help your camper make their bed and get settled/arranged.
8. You may leave your car near your cabin/lodge OR you can drive back with your camper to the paved Ark Parking Lot or Heritage Parking Lot.
9. Meet your counselors before 5:45 at the Ark Dining Hall lawn or deck.

#### **#10: 7-Day Symptom Pre-Screening Form for all persons in your household, if needed.**

**Only for overnight participants:** If you and your camper are up-to-date on your COVID vaccine, we ask you to submit an image/proof of your and their COVID vaccine card. If you or your camper are NOT vaccinated or up-to-date, we ask you to either submit an image/proof of a negative test taken within 3 days of camp arrival OR to complete the 7-Day Screening Form (page 6-7) for you and your camper. If you choose the 7-Day Screening Form, turn in your completed form(s) at check-in on Friday.

To avoid the 7-Day Screening Form, provide us with either (1) Copy/image/proof of your or your child’s negative COVID test administered within 3 days prior to camp (this can be a home rapid test or a PRC test from a lab/clinic/pharmacy). Where possible, request the results be emailed to you (so we can see your proof). **OR** (2) A copy or image of you or your camper’s up-to-date Vaccination Record Card.

You can upload scans/images of (1) or (2) at our upload portal at [www.CampBethelVirginia.org/health](http://www.CampBethelVirginia.org/health), or you can email as an attachment to us at [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com), or you can bring printed copies to check-in on the first day of camp. See “Healthy and Ready for Camp” on page 3 of this packet for details.

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## For Overnight Parent/Adult Relative: 7-Day Pre-Screening Form

You do not need to fill out this form **IF** you provide a copy/image (or forwarded email) of proof of you or your child's negative COVID test within 3 days of camp **OR** you or your child's up-to-date Vaccination Record Card to [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com), **OR** upload it at [CampBethelVirginia.org/health](http://CampBethelVirginia.org/health), **OR** provide paper copy at check-in upon arrival. (As of the writing of this form, COVID vaccines are not yet approved for children under age 5.) Day-only participants do NOT need to do any of the above.

**The parent/adult relative coming to camp must complete the chart and sign this form.** Fill in the left column with your name and the first name of every member of your household **OR** close contact (ex: in-home childcare). If someone who is not a member of the household will be bringing you to Camp Bethel, they also need to be listed and screened.

For the 7 days before your arrival at Camp Bethel, **CHECK EACH BOX** in the chart below if you, everyone in their household, and anyone transporting you to camp meets the following **THREE** criteria:

**1. Experiencing NONE of these six known symptoms of COVID-19:** No fever (temperature 100.4 °F or higher) that lasts more than 24 hours; No fever **PLUS** respiratory issue not resolved by antihistamine (allergies) that overlap or last more than 24 hours; No diarrhea, No vomiting, No new onset of severe headache especially with a fever; No loss of smell and/or taste (especially in children).

**2. Have NOT had close, maskless contact** with anyone diagnosed with COVID-19 or anyone displaying symptoms listed above.

**3. Yes, you have adhered to your state and local guidelines regarding COVID-19** by masking and distancing when appropriate, washing your hands, and considering or getting a vaccination. Virginia state guidelines: <https://www.virginia.gov/coronavirus/>

	7 days before camp. Date _____	6 days before camp. Date _____	5 days before camp. Date _____	4 days before camp. Date _____	3 days before camp. Date _____	2 days before camp. Date _____	1 day before camp. Date _____	First Day of Camp is: Date of first camp day: _____
<b>Your First &amp; Last Name:</b> _____								
Household Member #2: _____								n/a
Household Member #3: _____								n/a
Household Member #4: _____								n/a
Household Member #5: _____								n/a
Household Member #6: _____								n/a
Household Member #7: _____								n/a
Household Member #8: _____								n/a
Close Contact #9: _____								n/a
Close Contact #10: _____								n/a
<i>EXAMPLE ROW:</i> Uncle John S. _____	Check	Check	Check	Check	Check	Check	Check	n/a

**What If?** If you or a person listed above does **not** meet the above criteria on **any** of the 7 days before camp, take one or all of these three steps: (1) Contact your primary care provider to be cleared for camp attendance, **AND/OR** (2) provide Camp Bethel with a negative COVID-19 test performed within 3 days of your arrival at camp, **AND/OR** (3) agree to taking a rapid test upon arrival provided by Camp Bethel. Contact us at [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com) with any questions or to discuss options.

**“By signing this form, I acknowledge that I completed this health screening fully, daily, and to the best of my ability for the 7 days leading up to my arrival at Camp Bethel. I understand that arriving at Camp Bethel in good health is necessary for my safety and the safety of the entire Camp Bethel population.”**

\_\_\_\_\_  
Parent or Legal Guardian's Signature

\_\_\_\_\_  
Date

## For Overnight Camper: 7-Day Pre-Screening Form

You do not need to fill out this form **IF** you provide a copy/image (or forwarded email) of proof of your child's negative COVID test within 3 days of camp **OR** your child's up-to-date Vaccination Record Card to [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com), **OR** upload it at [CampBethelVirginia.org/health](http://CampBethelVirginia.org/health), **OR** provide paper copy at check-in upon arrival. (As of the writing of this form, COVID vaccines are not yet approved for children under age 5.) Day-only participants do NOT need to do any of the above.

**A parent or legal guardian must complete the chart and sign this form below.** Fill in the left column with your camper's name and the first name of every member of your household **OR** close contact (ex: in-home childcare). If someone who is not a member of the household will be bringing your camper to Camp Bethel, they also need to be listed and screened.

For the 7 days before your child's arrival at Camp Bethel, **CHECK EACH BOX** in the chart below if your child, everyone in their household, and anyone transporting them to or from camp meets the following **THREE** criteria:

**1. Experiencing NONE of these six known symptoms of COVID-19:** No fever (temperature 100.4 °F or higher) that lasts more than 24 hours; No fever **PLUS** respiratory issue not resolved by antihistamine (allergies) that overlap or last more than 24 hours; No diarrhea, No vomiting, No new onset of severe headache especially with a fever; No loss of smell and/or taste (especially in children).

**2. Have NOT had close, maskless contact** with anyone diagnosed with COVID-19 or anyone displaying symptoms listed above.

**3. Yes, you have adhered to your state and local guidelines regarding COVID-19** by masking and distancing when appropriate, washing your hands, and considering or getting a vaccination. Virginia state guidelines: <https://www.virginia.gov/coronavirus/>

	7 days before camp. Date _____	6 days before camp. Date _____	5 days before camp. Date _____	4 days before camp. Date _____	3 days before camp. Date _____	2 days before camp. Date _____	1 day before camp. Date _____	First Day of Camp is: Date of first camp day: _____
<b>Camper's First &amp; Last Name:</b> _____								
Household Member #2: _____								n/a
Household Member #3: _____								n/a
Household Member #4: _____								n/a
Household Member #5: _____								n/a
Household Member #6: _____								n/a
Household Member #7: _____								n/a
Household Member #8: _____								n/a
Close Contact #9: _____								n/a
Close Contact #10: _____								n/a
<i>EXAMPLE ROW:</i> Uncle John S. _____	Check	Check	Check	Check	Check	Check	Check	n/a

**What If?** If your child or a person listed above does **not** meet the above criteria on **any** of the 7 days before camp, take one or all of these three steps: (1) Contact your child's primary care provider for your child to be cleared for camp attendance, **AND/OR** (2) provide Camp Bethel with a negative COVID-19 test performed within 3 days of your camper's arrival at camp, **AND/OR** (3) agree to taking a rapid test upon arrival provided by Camp Bethel. Contact us at [CampBethelOffice@gmail.com](mailto:CampBethelOffice@gmail.com) with any questions or to discuss options.

**"By signing this form, I acknowledge that I completed this health screening fully, daily, and to the best of my ability for the 7 days leading up to my child's arrival at Camp Bethel. I understand that arriving at Camp Bethel in good health is necessary for my child's safety and the safety of the entire Camp Bethel population."**

\_\_\_\_\_  
Parent or Legal Guardian's Signature

\_\_\_\_\_  
Date