



328 Bethel Road, Fincastle, Virginia 24090

phone: 540-992-2940

CampBethelOffice@gmail.com

www.CampBethelVirginia.org



Camp Bethel's "Henry County Day Camp"

Monday-Friday, July 20-24, 2020

Mount Hermon Church of the Brethren
144 Mount Hermon Church Road, Bassett, VA 24055

- Monday-Friday: Check-in 8:30-9:00, check-out 4:30-5:00. (Friday check-out at 5:00.)
- On Friday, families are invited for a FREE 5:00 dinner and celebration hosted by the families of Mount Hermon Church!
- for rising K-1st-2nd graders & rising 3rd-4th-5th-6th graders.
- **PROGRAM IS FREE**, but it costs us \$38 per camper per day or \$190 per week, so please donate what you can to Camp Bethel at www.CampBethelVirginia.org/payment, or donations can be made at drop off or pick up at the host church.

Camp Bethel's excellent counselors bring daily summer camping fun to YOU! Campers will enjoy group games, crafts, silly & fun songs, Bible lessons, GaGa Ball, 4-Square and 9-Square-in-the-Air, parachute games, nature lessons, daily "Voice Your Choice" group activity, water games, archery, PLUS several fun site-specific outdoor adventures!

Daily check-in is from 8:30-9:00am and check-out is from 4:30-5:00pm. Each day, bring a packed lunch and water bottle. Camp Bethel will provide afternoon snacks. On Friday, all families are invited to a big Family Cookout and Day Camp Closing Celebration at 5:00 at Mount Hermon Church of the Brethren, 144 Mount Hermon Church Road, Bassett, VA 24055.

This program is FREE, but providing this program costs us \$38/camper/day (\$190 per week); please donate what you can. Donations can be made at drop off or pick up (payable to Camp Bethel, 328 Bethel Road, Fincastle, VA 24090) or at our secure "Payment" page: www.CampBethelVirginia.org/payment.

Complete and submit the attached Registration Form, or complete the registration form on-line at: <https://www.campbethelvirginia.org/traveling-day-camps.html>

We have an exciting week Day Camp planned for you! Be ready for active days packed with your favorite camp activities and plenty of new fun and learning as we play, live and learn together each day.

More information about what you can expect at Camp Bethel's "Henry County Day Camp" at Mount Hermon Church is in this packet. Read on!

If you have questions, contact Jenna Stacy at **CampBethelOffice@gmail.com** or 540-992-2940.

We hope you will register! We look forward to meeting you this summer!

Together, in Christ our hope,

Barry, Jenna, Mickey, Wes, and the Summer Staff of Camp Bethel

PREPARATIONS FOR YOUR TIME AT CAMP:

1. What to pack: Gear list.
2. Camp rules and policies.
3. Preparing for camp living.
4. Preventing homesickness.
5. Trading Post & Social Media.

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#1: What to pack: Day Camper's Gear List:

Please put camper's name on ALL items! It helps to pack your camper's gear into one single bag or pack that is easily identifiable to your child. Each camper will have a place/cubby to unload their daily gear. Pack lightly enough so that the camper can easily carry all gear by herself/himself.

- ☐ Wear active clothing, socks and tennis shoes.
- ☐ Light jacket or sweatshirt.
- ☐ Swim suit & shorts that can get wet and beach/pool towel for water games.
- ☐ Pair of strap-on sandals, water shoes or old shoes to get wet (wear for creek play or water games; NO flip-flops or Crocs).
- ☐ A plastic bag for wet swim suit or wet shoes.
- ☐ Daily: pack your big, healthy lunch.
- ☐ A daypack/backpack pack big enough to carry your water bottle and a sack lunch on a "hike."
- ☐ If it's a rainy day, bring a rain poncho/jacket w/ hood; no stopping for rain!
- ☐ Hat (with brim to block sun) or bandana.
- ☐ Sunscreen (waterproof and at least 30 SPF).
- ☐ Water bottle: quart-sized, non-glass, screw-top (Camp Bethel Nalgene bottles available at check-in for \$15).
- ☐ Completed signed Health Form (enclosed or on-line).
- ☐ Offering money to be given at check-in on Monday or the first day you attend.

Optional to bring: ☐ wristwatch ☐ digital camera

Camp Bethel provides all necessary program, camping, first aid & safety gear.

Please consider donating new and gently-used supplies. We ALWAYS need items listed in the Gear List above and:

- camping chairs ("soccer Mom" chairs) - disconnected smart phones (w/ chargers) to use as camp cameras and video cameras - craft supplies
- window unit air conditioners - digital cameras or GoPro video cam - new bike helmets and/or horse helmets - canoes & paddles - brooms & dustpans
- chest coolers w/ handles - kayaks & paddles - new lifejackets - new tents/tarps - music instruments - backpacking supplies - S'mores supplies
- Band-Aids & new 1st aid kits & 1st aid supplies - craft supplies & tools - box/window fans - working vacuum cleaners - "Tree Cookies"

WISH LIST: Road-worthy 7-or-12-or-15-passenger van ('07 or newer); clothes dryer; kitchen refrigerator; chest freezer; chest coolers w/ handles; portable LCD projector; gas grill; laptop computer (Windows 10); LED light bulbs; picnic tables. Tax-deductible! www.CampBethelVirginia.org/donate

Things NOT to bring:

- ☒ vapes, tobacco/nicotine products, alcohol, drugs, marijuana, CBD products, smoking/vaping/drug paraphernalia
- ☒ weapons, knife, fireworks, matches, lighter
- ☒ money, jewelry, valuables of any kind
- ☒ clothing with inappropriate language/images or is too revealing including string bikinis or speedos.
- ☒ cell phone/smart phone (see "A Matter of Trust" on page 3), tablet, electronics, video games, toys, pets
- ☒ food, drinks, candy, snacks, gum
- ☒ cologne, perfume, scented products, hairspray, because these attract biting insects AND many persons have allergies to scented products
- ☒ flip-flops, Crocs, skateboard, hair dryer, curling iron

#2: Camp rules and policies:

The 7 Camp Rules to teach your camper:

1. Be kind and be helpful.
2. Stay with your Unit.
3. Obey your counselors.
4. No rough play.
5. Wear shoes always (except bed, shower, pool).
6. Do not throw or kick anything.
7. Walk on paths, pavement or gravel.

Good Behavior Requirement:

By requesting enrollment into Camp Bethel programs, you and your camper agree to our Behavior Policy and understand that good behavior is required. Your camper will be with other children/youth and their counselors all day each day. We stay together with our group during our entire time at camp. Bad behavior does not fit and cannot be tolerated. Behavior deemed dangerous, inappropriate, intolerable, detrimental to the group, or unmanageable by the counselors or directors is grounds for dismissal from camp. Examples include: not following the camp rules; hurting others (verbally, physically, or emotionally); possession of prohibited or harmful item; constant misbehavior; unsafe behavior; straying from your group; etc. The Director will call parents/guardians as needed. Should it become necessary for your child to return home because of unmanageable behavior, homesickness or other reason, you agree to accept the Director's decision and arrange for transportation.

No Camper Cell Phones or Gadgets: A matter of TRUST:

Aside from the fact that phones and gadgets are expensive, can get lost, and the physical camp environment is rough for such items, the main reason we don't allow campers to have phones/gadgets is TRUST. We TRUST that campers who come to camp WANT to be here, and choose to temporarily disconnect from their constant phone/internet communications in order to be FULLY present with us at camp. When children/youth come to camp they (and you) are making a leap of faith, temporarily transferring their primary TRUST from their parents to their counselors. This is a growth-producing, yet challenging aspect of camp. As

children/youth learn to TRUST other caring adults, they grow and learn, little by little, to solve some of their own challenges. *This emerging independence is one of the greatest benefits of camp!* Let your child/youth know that they can always reach out to their counselor and camp leaders. The Camp Director WILL contact you if your child/youth is experiencing a challenge while at camp, and the Camp Director WILL contact families in case of any emergency. Counselors do carry charged phones (*charged, but OFF*) in their backpacks as tools for emergency use if needed. We encourage bringing an inexpensive digital camera to camp, but you may NOT bring a "connected/serviced" phone to use as your camera. Thanks, and also read #5 "Trading Post" about Camp Photos.

Healthy and Ready for Camp:

We have a long record of no major health issues at camp: *Let's keep it that way!* Upon arrival and check-in at camp, we will ask the parent/guardian a few Health Screening questions, including, *"In the past 7 days: Has your child had a fever of 100 or greater, felt achy or fatigued, had a cough or sore throat, or any injuries or wounds?"* Ensure that your camper is free of headlice. Submit your Camper Health and Information Form (enclosed) no later than 14 days before your camp begins.

Camper Medications:

If you send any medication for your camper to take during her/his time at camp, YOU MUST RECORD precise instructions on the enclosed "**Camp Bethel Medication Instructions**" form. All camper medications must be checked in to our Health Coordinator upon your arrival daily at check-in. All medications are stored and dispensed by the Camp Health Coordinator unless special arrangements are made through the Health Coordinator and Camp Director. We suggest that you only send a one-day supply each day. **Medications MUST be in the original, labeled container with camper name, medication name & strength, and dosage instructions.** Place all this into a gallon zip-lock bag with camper's name on it to speed the registration process.

Cancellations, Late Arrivals, Early Departure, Refunds:

Please notify the camp office 540-992-2940 or CampBethelOffice@gmail.com in advance if your camper will not attend any day or the entire session. Late arrival and early departure is discouraged, but allowed in case of illness, family emergency or conditions beyond control, so please contact the camp office (540-992-2940) if you will be late to morning check-in or afternoon pick-up. This program is FREE, but the cost to Camp Bethel is \$38 per day per child, to which I am invited to give a donation. Donations I make to Camp Bethel are non-refundable unless Camp Bethel cancels the camp program, and then only if I have donated by check, Money Order or PayPal.

Caring for Campers:

We take the safety and care of your children (our campers) very seriously. Allowing us to care for your child is perhaps the greatest act of trust a parent can engage in. That makes Camp Bethel not just a fun place, but also a sacred one. We do everything we can to honor your trust, including our voluntary adherence to over 300 standards of health, safety and programming. We know we cannot do this without our excellent counselors who, by joining our summer staff community, are trained and committed to providing a safe and fun week of learning and growth. If a camper is sad or if there is an issue, illness, injury, or emergency the Director WILL contact parents.

Emergency Preparedness and Parent Notification During the Camp Week:

Using smart phones, our directors and staff receive instant updates on summer storms or emergencies, and your counselors are trained for camper safety during storms and emergencies. In the case of any emergency in which we request parent action, our office will contact you via e-mail and phone. Add CampBethelOffice@gmail.com to your contacts so our emails come to your IN box. Otherwise, *NO NEWS IS GOOD NEWS*, and the camp community is safe. In case of family emergency that must be communicated to your camper, contact Jenna Stacy or Barry LeNoir at 540-992-2940 or e-mail CampBethelOffice@gmail.com. For after-hours emergency call 540-992-2940, and our answering machine will prompt you to our on-call staff number.

Visitation not allowed during camp day:

DO NOT arrive at the church unexpectedly! Our site is closed to visitors/guests during the camper day from 9:00am to 4:30pm. While supervising campers, all staff are trained to stop and question anyone they don't recognize on site. If you need to visit prior to the official pick-up time (see "Pick-Up Procedures"), you must call ahead (540-992-2940).

#3: Preparing for daily "Day Camp" living:

Each counselor is trained to help guide your group safely and successfully through each camp day. Also, good parent preparation can give campers the knowledge they need to fully succeed during their camp week.

Physical expectations:

1. **Campers should come to Day Camp able to use the bathroom and clean-up on their own.** Let your camper know that she/he can ask her/his counselor to use the bathroom ANY TIME. Outdoor activities often venture away from bathrooms, so encourage your camper to "go" before they go; counselors will remind.
2. Our campers will be divided into age-group Units (K-2nd graders together; 3rd-4th graders together; 5th-6th graders together). Living all day in a group with 6-10 other persons might challenge our need for individual privacy. Knowing what your camper is used to, discuss how she/he might adapt to a living daily with others.
3. The majority of our Day Camp activities are held outdoors on and around the church property. This is NOT an "indoor" Day Camp, but we will use the indoors for lunch, snacks, bathrooms, and in case of bad weather.
4. We walk everywhere, and we're on-the-go most of each day. Comfortable (dry) shoes & socks are very important. Teach your camper about foot care, and prepare your camper for a highly active week.
5. On hot summer days it's important to drink lots of water and apply sunscreen. Pack your water bottle, and remind your camper to hydrate often and apply sunscreen 20 minutes before outdoor activity.

Social/Behavioral/Spiritual expectations:

1. Group living: We'll experience all our daily activities **together** as a family unit, including eating meals.
2. Make new friends: Even if coming with friends (campers WILL be paired with their choice of friend from their registration forms), encourage your camper to be friendly, courteous and helpful to others in the group. Family units are co-ed, unless we need to create an all-male OR an all-female group because one sex of campers registers more than the other. Family units are grouped by similar age/grade. Otherwise, your camper should expect to share their group with children of different backgrounds, gifts and abilities. We believe Jesus' message of life, hope, love and unconditional acceptance, and at camp, "Love your neighbor" is part of daily living.
3. Learning and following the Camp Rules (on page 2) is essential to a safe and fun week. Most of each day is active and boisterous. Also there are times and events during the day when we're expected to listen and participate calmly & quietly, (Bible study/worship, instructions/announcements).
4. Try new things: Camp is a great place to sing different songs, try and practice new skills, play new games, and grow in our relationships with God, with each other, and with Creation.

A sample Day-Camper daily schedule:

8:30-9:00	Check-in for day camp at the Church
9:30-11:30	Unit activities, Bible Study, Nature lesson
11:30	Lunch/songs/announcements
1:30-3:30	Activities: games, hiking, creek-play, crafts, etc.

4:00	Pack up; snacks, games
4:30-5:00pm	Parent pick-up at the church
FRIDAY ONLY	5:00pm FREE family dinner at the church!

#4: Preventing homesickness:

Good parent preparation is essential to give campers the confidence needed to fully enjoy a camp experience:

1. Set realistic camp expectations based on our information and the activities listed in program description.
Reinforce positive camp aspects; encourage new learning.
2. In the months before camp, practice time away from home with friends and relatives.
3. With your child, come and visit the church, or come visit Camp Bethel. Call us to arrange a self-guided pre-tour.
4. Don't force a child to camp who has no desire to go. Only send a willing-and-ready child to back-to-back camps.
5. Don't tell campers how much you will miss them. Instead encourage learning, new friends and new experiences.
6. Don't tell campers they can call home; if a camper is sad or if there is an issue, injury, illness or emergency the Director WILL contact parents.

Camp Bethel will never force a camper to stay at camp who does not want to stay.

Our counselors are trained in methods to prevent homesickness, and the nature of our program keeps campers active and engaged in camp activities and interpersonal relationships. If, however, your child becomes homesick:

1. All staff will do everything possible to address the cause and to encourage the camper.
2. If symptoms persist, the Director will call home to discuss options before you speak with your child.
3. If all determine the best option is to pick up your child, we will have the camper ready.

#5: Trading Post items for sale daily at Check-In and Check-Out:

Parents can shop with campers daily before check-in and after check-out. Camp Bethel t-shirts cost \$10, \$12, \$15; bottles \$15; blankets \$30; carabiners \$2, and other items range from \$2 to \$40. Trading Post earnings directly support the programs and ministries of Camp Bethel.

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Camp Bethel Traveling Day Camp REGISTRATION FORM 2020

PRINT and complete and return to: Camp Bethel Registrar, 328 Bethel Road, Fincastle, VA 24090-4276.

This program is FREE, but it costs us \$38 per camper per day or \$190 per week. Please donate what you can to Camp Bethel, and donations are gladly accepted at www.CampBethelVirginia.org/payment OR during your child's week of camp at the host church. This camp is open to everyone regardless of race, color, national origin, gender or disability where accommodations can match needs. Prior to registering for this program, please read our rules and what to expect at www.CampBethelVirginia.org/parentinfo.

FOR WHICH DAY CAMPS ARE YOU REGISTERING? Check each program choice, and choose only the programs you are SURE you will attend.

- ☐ June 22-26 (Mon-Fri) Franklin County at Antioch Church of the Brethren. ☐ July 20-24 (Mon-Fri) Henry County at Mt. Hermon Church of the Brethren.
☐ July 27-31 (Mon-Fri) Roanoke/Salem at Oak Grove Church of the Brethren.

Camper name: _____ last name, first name m.i. Gender: **M / F** Name s/he prefers to be called: _____
Grade equivalent (fall 2020): _____ Camper's birth date: ____ / ____ / 20 ____ Camper's age during camp program: _____

Unit Friends requested (full names of friends who are attending the same program, if any): _____

Since Units are generally grouped by same age/grade, write the full names of friends of similar age/grade & gender who are registered for this same program and dates.

Your mailing address: _____ number, street or PO Box _____ city _____ state _____ zip _____

Custodial Parent's/Guardian's name: _____ Family e-mail: _____
Who camper primarily lives with last name, first name So we can send camp info & emergency info by e-mail.

Custodial Parent/Guardian Main phone (_____) _____ Other phone (_____) _____

The following questions will help us ensure a quality camp experience for your camper. Attach additional pages of helpful information.

Check those that apply: ☐ 1st time Camp Bethel camper ☐ Returning Camp Bethel camper: How many summers total, not including 2020? _____ Have attended other camp before

Explain any special needs the camper has or significant information about this camper the Camp Director and your counselor should know in advance of her/his camper session.

Include physical, emotional, or behavior concerns; (attach additional paper if needed): _____

The following RESTRICTIONS apply to this camper:

Attach additional page if needed. If your child has SEVERE or UNMANAGEABLE allergies to common things, AND/OR if your child requires and Epi-Pen, you must contact Jenna Stacy before registering (CampBethelOffice@gmail.com or 540-992-2940). For any dietary restrictions or food allergies, please give complete details about severity of needs, (ex: life threatening? or matter of conscious?).

Dietary restrictions: _____ Other: _____

Explain any restrictions to activity (what cannot be done; what adaptations or limitations are necessary) and explain any allergies we need to know about: _____

Describe your camper's personality when playing and working with others: _____

How did you learn about Camp Bethel, and how did you get this form? _____

Church Membership, if any (not required for attendance): _____, Pastor: _____

***The following box must be signed for attendance. If for religious reasons you cannot sign, contact the camp for legal waivers that must be signed for camp attendance.**

PARENT/GUARDIAN and CAMPER AGREEMENT: Good Behavior Requirement and Parent/Guardian Authorizations for Attendance

GOOD BEHAVIOR REQUIREMENT:

Is a Camp Bethel program a good fit for your camper? She/he will be with other children/youth and their counselors all day each day. We stay together with our group throughout each day. Bad behavior does not fit and cannot be tolerated. By requesting enrollment into Camp Bethel programs, you and your camper agree to our Behavior Policy and understand that good behavior is required. Behavior deemed dangerous, inappropriate, intolerable, detrimental to the group, or unmanageable by the counselors or directors is grounds for dismissal from camp. Examples include: not following the camp rules; hurting others (verbally, physically, or emotionally); possession of prohibited or harmful item; constant misbehavior; unsafe behavior; straying from your group; etc. The Director will call parents/guardians as needed. Should it become necessary for your child to return home because of unmanageable behavior, homesickness or other reason, you have agreed to accept the Director's decision and arrange for transportation.

PARENT/GUARDIAN AUTHORIZATIONS FOR ATTENDANCE:

I hereby request that my child be accepted to attend the Day Camp chosen above. I have read and understand this program's description and the activities listed for my child's time at camp, and the Parent Information at CampBethelVirginia.org/parentinfo, including the camp rules and behavior policies. I understand that my child will be participating in many physical activities (including, but not limited to those listed in the program descriptions) and the potential for accidents exists. I understand that the camp and the host church have established guidelines to minimize risks to provide a safe environment and that Camp Bethel is licensed by Virginia to operate a Summer Camp, and that Camp Bethel adheres to over 300 operational and safety standards, including thorough background checks and screening of all personnel and volunteers. In consideration of acceptance to Camp Bethel, I indemnify and hold harmless Camp Bethel, the host site Church of the Brethren, the Virginia District Board-Church of the Brethren, Inc. and its staff and officers from any and all liability, claims, damage, injury or illness sustained by my child, and

I verify that the information on this Registration Form is correct and complete as far as I know. This information may be copied for camp records, and

I give permission to the camp to provide routine health care, seek emergency medical treatment, and administer any prescribed medications and over-the-counter medications I list on the Health Form (after registering you will receive a Health Form in your Confirmation Materials). I agree to the release of any records necessary for emergency purposes. I give permission to the camp to arrange necessary emergency medical transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment for my child including ordering x-rays, administering tests, and admittance to a hospital, and

I understand that Camp Bethel provides only limited secondary medical insurance coverage for participants. I will attach proof of primary personal/family medical insurance coverage for my child, if any (this is optional and NOT required), as requested for camp attendance on the Health Form received in my Confirmation Materials, and

I understand the active nature of the camp activities and give permission for my child to participate fully and to engage in all camp activities listed in the program description, unless otherwise noted under the "restrictions" section of this application, and

I understand the cancellation/transfer and refund policies including (1) there are no refunds of any donations for cancellation of my reserved spot in camp within 14 days prior to my camp date, and (2) there are no refunds of any donations for partial camp attendance or early departure for any reason unless Camp Bethel cancels the camp program, and

I agree to read all information included in the Confirmation Materials and What-to-Bring List sent to me after registration and to share this information with the camper, and to read, sign and return any and all applicable forms including the Health Form (which will include Emergency Contact and "Who is authorized to pick up my child" information), and

Should it become necessary for my child to return home during the day because of illness, homesickness or other reason, I will accept the Director's decision and arrange for transportation, and

I permit camp photos, video and audio of activities or interviews that may include my child to be used in camp promotion without liability or remuneration, and

I verify that this child is physically able to participate in all camp activities listed in my selected program description (unless otherwise noted in the Restrictions section of this Form), and I will provide an update to this child's health status and Health Form, if any, during health screening at check-in on the first day of camp. (We encourage parent/guardian to consult your child's physician to assess your child's current health and physical abilities. Provide any updates to this information on the Health Form at check-in on the first day of camp.)

*Signature of parent or legal guardian: _____ *Date: _____

*Printed name: _____ *Main phone number: (_____) _____

The information on this form is kept strictly confidential by the directors, counselors & health coordinator. Keep a copy of this completed form or your records. This form may be photocopied. Printable forms and all camp information is available at www.CampBethelVirginia.org. Camp Bethel is open to everyone regardless of race, color, national origin, gender or disability where accommodations can match needs..